Lincoln University of Eswatini (LUE)

Faculty of Social Sciences and Development Studies

PROSPECTUS

Bachelor of Industrial & Health Psychology

(BIHP)

Understand People. Transform Workplaces. Improve Lives.

4 Years | 8 Semesters | 60 Credits per Semester | 480 Total Credits | ESQF Level 7

ACCREDITATION STATUS: This programme has been developed by LUE in accordance with Eswatini Higher Education Council (ESHEC) Programme Approval Standards and is being submitted to ESHEC for accreditation. Prospective applicants should confirm the current accreditation status of this programme with LUE's Admissions Office before enrolling.

September 2026

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WELCOME

The Bachelor of Industrial & Health Psychology (BIHP) is a four-year degree combining industrial/organisational psychology and health psychology as a single, integrated specialisation — training you to improve both workplace wellbeing and public-health outcomes, at a time Eswatini badly needs both.

Why Study BIHP at LUE?

- Eswatini has one of the highest suicide rates in the world and a critical shortage of trained mental-health professionals — this degree responds directly to that need.
- Most regional psychology degrees specialise narrowly in either clinical or organisational psychology; BIHP combines organisational and health psychology deliberately.
- Dedicated Employee Wellness Programme Design and Occupational Health Psychology modules respond directly to workplace-wellness gaps documented in Eswatini's own health-workforce research.
- Two full-semester Work-Integrated Learning practicum placements in organisational and health/community settings.

PROGRAMME AT A GLANCE

Award:	Bachelor of Industrial & Health Psychology
Faculty:	Faculty of Social Sciences and Development Studies
Duration:	4 Years | 8 Semesters | 60 Credits per Semester | 480 Total Credits | ESQF Level 7
Total Credits:	480 credits
ESQF Level:	Level 7
Mode of Study:	Full-Time, Campus Learning
Number of Modules:	32 modules
Practical/Workplace Learning:	Two Work-Integrated Learning practicum placements (Semesters 6 and 8) plus a Capstone Research Project

ENTRY REQUIREMENTS

- 2 points in 2 relevant A-Level subjects plus 5 O-Level credits/passes including English and Mathematics, each at Grade C or better.

International qualifications are accepted subject to LUE's equivalency assessment and Eswatini Qualifications Authority (EQA) confirmation. Mature applicants without the standard qualifications may apply via LUE's Recognition of Prior Learning (RPL) process. All applicants remain subject to LUE's Admissions Committee decision, which may apply additional selection criteria where places are limited.

PROGRAMME STRUCTURE

480 credits over 4 years (8 semesters): core psychological-science foundations in Years 1–2, then combined industrial/organisational and health-psychology specialisation in Years 3–4.

Semester 1

Module	Credits
Introduction to Psychology	15 cr.
Biological Bases of Behaviour	15 cr.
Academic and Professional Communication Skills	15 cr.
Statistics for Behavioural Sciences I	15 cr.

Semester 2

Module	Credits
Developmental Psychology	15 cr.
Social Psychology	15 cr.
Statistics for Behavioural Sciences II	15 cr.
Research Methods in Psychology I	15 cr.

Semester 3

Module	Credits
Cognitive Psychology	15 cr.
Personality Psychology	15 cr.
Abnormal Psychology	15 cr.
Research Methods in Psychology II	15 cr.

Semester 4

Module	Credits
Introduction to Industrial and Organizational Psychology	15 cr.
Introduction to Health Psychology	15 cr.
Psychological Testing and Assessment	15 cr.
Psychopathology and Diagnostic Systems	15 cr.

Semester 5

Module	Credits
Organizational Behaviour and Development	15 cr.
Occupational Health Psychology	15 cr.
Counselling Psychology Skills	15 cr.
Community and Public Health Psychology	15 cr.

Semester 6

Module	Credits
Human Resource Psychology: Recruitment, Selection and Performance	15 cr.

Module	Credits
Stress, Coping and Wellbeing	15 cr.
Ethics and Professional Practice in Psychology	15 cr.
Work-Integrated Learning I (Practicum)	15 cr.

Semester 7

Module	Credits
Occupational Health and Safety Psychology	15 cr.
Health Promotion and Behaviour Change	15 cr.
Organizational Change and Leadership Psychology	15 cr.
Research Methods and Proposal Development	15 cr.

Semester 8

Module	Credits
Capstone Research Project in Industrial & Health Psychology	20 cr.
Employee Wellness Programme Design	15 cr.
Work-Integrated Learning II (Practicum)	15 cr.
Cross-Cultural and Community Psychology	10 cr.

Full Course Learning Outcomes, weekly teaching schedules and reading lists for every module are available in LUE's Detailed Course Outlines for this programme, available on request from the Admissions Office.

WHAT YOU'LL LEARN

Psychological Science Foundations

Introduction to Psychology, Biological Bases of Behaviour, Developmental Psychology, Social Psychology, Cognitive Psychology and Abnormal Psychology.

Industrial/Organisational Psychology

Introduction to I-O Psychology, Human Resource Psychology (Recruitment, Selection and Performance), Organizational Behaviour and Development, and Organizational Change and Leadership Psychology.

Health Psychology

Introduction to Health Psychology, Occupational Health Psychology, Counselling Psychology Skills, Health Promotion and Behaviour Change, and Community and Public Health Psychology.

CAREER AND FURTHER-STUDY PATHWAYS

BIHP graduates are prepared for careers spanning organisations and public health:

- Human resources / organisational-development officer
- Employee-wellness programme coordinator
- Occupational health and safety officer
- Health-promotion or public-health programme officer
- Community-psychology practitioner (with further study)
- Postgraduate psychology study toward professional registration

ASSESSMENT AND GRADING

Every module is assessed using LUE's standardised, criterion-referenced rubrics, moderated internally and, for capstone/thesis/dissertation components, externally examined. Marks are converted to a letter grade and grade point on LUE's institution-wide scale:

Percentage Mark	Letter Grade	Grade Point	Interpretation
80–100	A+	4.00	Exceptional
70–79	A	4.00	Excellent
60–69	B	3.00	Very Good
50–59	C	2.00	Good
45–49	D	1.00	Pass
0–44	F	0.00	Fail

Award Classification

Classification	Weighted Average
First Class Honours	70% and above
Second Class Honours (Upper Division)	60% – 69%
Second Class Honours (Lower Division)	50% – 59%
Third Class / Pass	45% – 49%

HOW TO APPLY

- Submit a completed LUE application form, available from the Admissions Office or LUE's website.
- Attach certified copies of academic transcripts and certificates evidencing the entry requirements set out above.
- Attach a certified copy of your national identity document or passport.
- Pay the non-refundable application fee specified by LUE's Finance Office.
- Attend an admissions interview or assessment, where required for this programme.

Applications are considered by LUE's Admissions Committee, and successful applicants receive a formal offer of a place, conditional upon final confirmation of qualifications and, where applicable, ESHEC accreditation status at the time of enrolment.

Contact

Faculty:	Faculty of Social Sciences and Development Studies

Office:	LUE Admissions Office

This prospectus is accurate as of the date shown on the cover page and is provided for general information. It does not form part of any contract between LUE and an applicant. Programme content, fees and accreditation status are confirmed at the point of offer.